

ANNUAL REPORT 2022



**OUTWARD BOUND
ROMANIA™**

Aventură și învățare • Kaland és tanulás • Adventure and learning

NUMBERS OF 2022



1820 Participants

298 Program days

6730 Student Program Days

87 Programs:

34 Schools of Experiences

5 International Schools

1 English camp

5 Ski camps

31 Projects

4 Trainings

2 Outward Bound Professional

5 Others

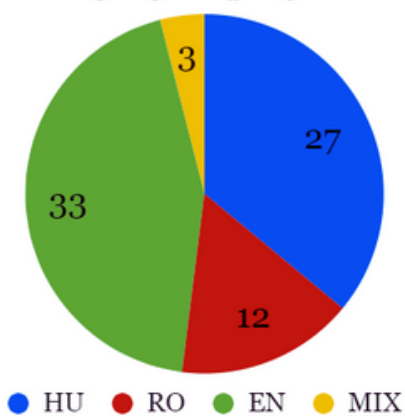


FURTHERMORE

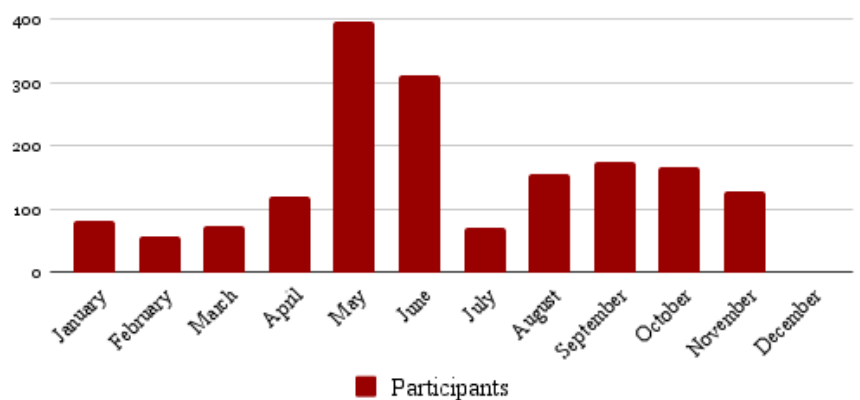
134 Participants were
sent abroad for the
21 days of the
foreigns programs



Language of programs



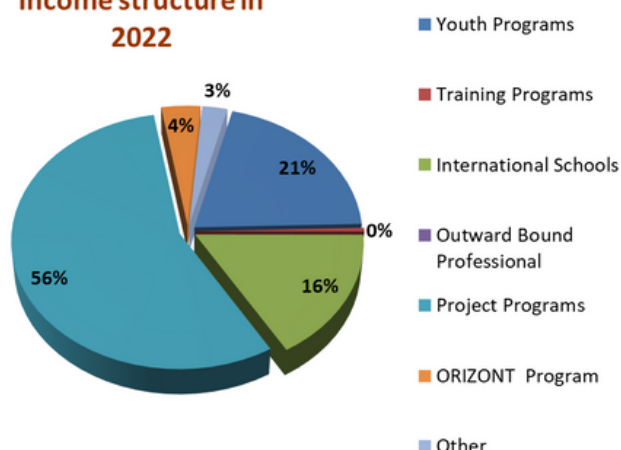
Participants throughout the year



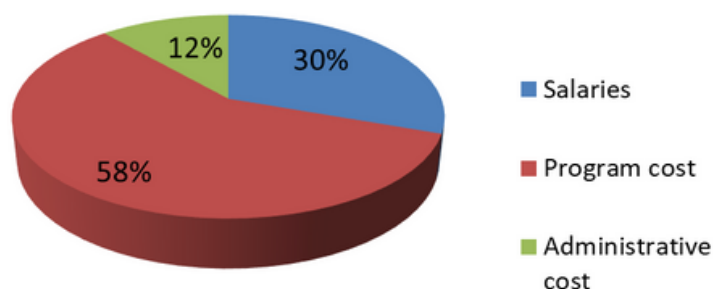
FINANCIAL SITUATION



Income structure in 2022



Expenses 2022



INCOMES (EURO)	2020	2021	2022
Youth Programs	18871	66660	98646
Training Programs			2240
International Schools			78221
Outward Bound Professional			
Project Programs	58052	88958	266758
ORIZONT Program	20989	12100	19102
Other	22472	35609	12172
TOTAL	120384	203328	477139

EXPENSES (EURO)	2021	2022
Salaries	98742	150998
Program cost	93902	288018
Administrative cost	30778	56882

YEAR 2022 RESULTS	Sume in Euro
Incomes	477139
Expenses	495897
Buget Balance	-18758
Bank and Cash at 31.12.2022	184354
Advance revenues in total from which:	302806
Advance Revenues vired	217470
Advance Revenues not vired yet	85336

SOCIAL IMPACT



84% learned that they
achieve more by working
as a team

81% improved their
cooperation in a team

75% realized that they are
capable of more than they
thought

86% will be more aware of the
surroundings and the nature


77% gained more trust in others

73% are more aware of their
own strenghts and abilities




TESTIMONIALS

“Being in OBR for the fifth time is quite self-explanatory. The OBR values and methodologies changed my life personally and professionally.” – participant, Hard skills TOT.



“It was one of the best experiences of my life. I’m looking forward to getting home and showing all the videos and photos. To share memories and emotions, and to be sorry for them that they did not have this experience. I have no words to describe it. It was utopian, perfect, unique.” – participant, Hard skills TOT.



“I learned how to express myself in a group and how to be honest with my emotions.” – participant, Pathfinder.

KIDS' TESTIMONIALS

"After the course I learned the importance of a united team. In the future I would like us to remain as united and in solidarity as we were this weekend."

"I learned new things and you can't get bored here."

"This camp was a huge gift for me."



"I would relive these 3 unforgettable days anytime."

"It teaches you to listen to each other."

"It was my best trip, the instructors are very nice and I would go through these 3 days again anytime."



ORIZONT - Social Program for women in need



- Totally we had 9 girls in the big apartment in 2022
- The other apartment was rented for people from outside or OB volunteers
- We started a new program: Horizont Mommies ;) with the girls, who were hOrizont Beneficiaries and now they have family.
- Smaller renovation in the big apartment's bathroom.
- We moved in into our NEW OFFICE (OB's old office, painted, arranged) – beginning of March
- We started a new program line: MENTORING FOR „oursiders” – Orsi: during the year I worked with about 3 young men (continously: L., L., E.) and with about 3-4 girls (GY., É., É.,T.), occasionaly (girls who have been in the program before)
- We sold our NIGHT DRESSES from Germany and we got THEATER tickets for it, we began going to the theater regularly together with the kuratorium and the youngsters and our volunteers





- We participated for the second time on the BIKEATHON fundraising event in May 2022. With the sum from the year before we payed half of the total of the driving school for one of our girls (B.Gy.)
- We made our collaboration stable with the DIVERS ORGANIZATION AND Koreck Maria (the director), we took our youngsters for volunteering work to a weekly 2 hours activity for preschool children
- We organized a CREATIVE CONTEST entitled ASKING HELP, GIVING HELP, youngsters from our program and from partner organizations could participate. They got prizes, we visited our partner organizations, the Dorcas house and the Sf. Elisabeth organization with the goal of strengtening our collaboration
- Together with OB Kinga, we participated on a half day volunteer search event organized by the Caritas and the Sapientia





- We involved VOLUNTEERS and we worked on keeping them close in order to have a good partnership: Emőke, Brigi, Zoltán, at the beginning of the year Chiara from Germany was active in our program
- We're now giving away used but functioning LAPTOPS for 2 youngsters (might be more, from main supporters)
- We created a FACEBOOK and are trying to keep continuous activity and inform the public a bit about what we do, even if we don't share photos about our beneficiaries, respecting their private life
- GROUP ACTIVITIES: we celebrated birthdays of youngsters and kuratorium members, we organized second hand shops, we organized creative heart-making workshops for donators, icecream meeting, Easter celebration
- We participated in the 20 years anniversary and the fundraising event organized in Lippstadt by our mother organization in November



NEW

IN 2022



OUTDOOR FURNITURE WAS PAINTED



ACCESS TO SEBESFŐI HUT



NEW OFFICE



WE BUILD A HAY YURT



NEW OB CAR

**NEW INSTRUCTORS, VOLUNTEERS, EQUIPMENT
AND MUCH MORE**

SPECIAL PROJECTS



International projects coordinated by us

Activate - 10 days long winter Training Course in January

The goal of the program was the creation of a space for youth workers, trainers, and facilitators to develop their skills in outdoor experiential education in winter conditions and share their own experiences, methods and knowledge from other areas of non-formal education related to youthwork. We hosted 18 experts in youthwork from Portugal, Spain, Latvia, Hungary and Romania.



Erasmus+ Accreditation in the field of youth

At Outward Bound Romania we combine outdoor experiential education with the use of nature as a classroom. This creates an environment that provides personal development and professional growth. Thanks to the Erasmus+ accreditation, we have had the chance to use this methodology in longer, intense programs for participants coming from all over Europe. This January, we hosted the final program of the first year of accreditation.

We implemented five programs in total. A **Contact Making Seminar** where Outward Bound Romania invited local and international partners with who we already had successful cooperation but also new ones who are interested to cooperate with us. Beside networking, goal was to come and experience our methodology in order to ensure a strong partnership, but also to make it easier for the partners to choose the right participants for the following programs.



In summer 2022 we organized the **Pathfinder** program; an intense, personal development experience for young adults with focus on leadership. It had a strong impact on the participants, and in fact, 95% state that they got a better understanding of their strengths and weaknesses, while 89% improved their self-confidence:

“I really like this methodology; I think I got more opened up day by day. I got to know myself better and now, I believe in myself more.” – participant, Pathfinder.

There were two training courses for youth workers and trainers. The **Hard Skill Training of Trainers** and the **Advanced Training of Trainers level 2**. In the Hard Skill TOT, the focus was on showing youth workers from 7 countries the methodologies of Outward Bound Romania and inspire them to facilitate a training course for youngsters. The focus was on the cooperation, and 94% improved their skills within this field. In the ATOT/2, the main target was to improve leadership and via learning

models make the youth workers more aware of the processes which the participants go through during an experiential learning course. The trainers experienced themselves as leaders in new contexts, beside the theoretical and practical models we ensured the professional development by putting them to facilitate activities and offering them feedback. 95% of the youth workers gained new trainer insights, and 85% developed their facilitation skills.

In late August there was a youth exchange with the focus on ***life skills development***. There were 30 youngsters from 5 different countries and the participants came from various backgrounds. 9 of the youngsters came from disadvantaged backgrounds, and the aim was to raise their awareness how much they are capable of doing and to motivate them to take responsibility of their lives. Generally speaking, the participants were encouraged to make decisions and be responsible, and to develop their communicational skills.



With the Erasmus+ funded programs we get the opportunity to create impactful programs for youngsters and youth workers from different countries within the EU. By this, the ideas and methodology of Outward Bound reach a wider target group and we get the chance to inspire more people to engage in personal development and enjoy nature.

ESC volunteering projects

Individual volunteering- 9 month long period for 8 young people



The goal of the project was to promote inclusion of young people with different backgrounds in order to ensure diversity, solidarity acting among local youngsters, European volunteers, and local community. The international volunteers could develop their personality and could develop at professional level in outdoor experiential education while they implemented educational programs for the local youngsters.

Team volunteering for our environment - 2 weeks long program in September

The goal of the project was to raise awareness about environmental sustainability and to enable behavioral changes for individual responsibility towards consumption habits and greener lifestyle among the short term international volunteers and the local community.

Program elements: knowing each other activities, team building activities, expedition, building a straw yurt, painting outdoor furniture, rehabilitating hiking routes, cleaning the nature/hiking routes.



There is more in you - TIMY



The main goal of the project was to transfer the concept of outdoor education and to share best practices about the positive influences of the method on unemployed youth to youth workers. 5 field staff from each partner organization (OB Romania, OB Brazil, OB India Himalaya, OB Belgium) developed knowledge, skills and competences about the expeditionary learning on hard skills and soft skills level in the frame of a 14 days long TOT. After that they implemented 2 youth exchanges where they applied in practice their new knowledge and developed the employability of 45 disadvantaged youngsters. Events: Kick off meeting, Training of trainers, Youth Exchange in Brazil, Youth Exchange in India, Dissemination Conference.

Beside the positive effects on the field staff of the partners and on the unemployed youth we strengthened our network and had an effective intercontinental, intercultural exchange.

International projects implemented in the role of a partner organization

We sent young persons and trainers, youth workers for the following KA1 type of Erasmus+ projects. All the projects were connected with outdoor, experiential education or other non formal methods, most of them were 10 days long programs.

- 1.Navigate to Resilience Youth Exchange in Croatia
- 2.Wanderlust 2 Training Courses in Hungary
- 3.Deep Dive TOT in Slovakia
- 4.Labyrinth 2 Training Course in Germany
- 5.Essence + Training Course in Hungary
- 6.Wilderness first aid NOLS Training Course
- 7.Future is YOU(th) -EACEA project meeting in Hungary



As partners we implemented long-term KA2 type of Erasmus+ projects like:

Youth+



The aim of the project was to equip youth workers to engage the most vulnerable youth with fewer opportunities to be involved in long-term non-formal learning activities. As a result, youngsters at risk formed their own self-managed groups (with extended mentoring and facilitation support) and initiated local projects and manifested them into activities.

Events of the project: partnership meetings, special TOT, from us to you programs for the youngsters, online course.

HeartLand

The aim of the project was to address youth workers, adult educators and other helping professionals with high risk of burnout to develop their competences through creativity and art embedded into the outdoor activities and the intellectual outputs of the 24 month collaboration.

Events: partnership meetings, 10 long TC, field test, dissemination seminar, conference

Results: 40 Easy to learn and use resilience tools (<https://elmenyakademia.hu/en/heartland-en/>),

1 Extended Combined Modular Resilience Curricula, 5 online courses on HOP.



Exchanging good practice for developing inclusive outdoor education opportunities



It was a long-term cooperation with a Swedish and a German organization where we shared our knowledge and experience, best practices related to outdoor education in the frame of three 10 days long training courses. The topic of the Swedish TC was about the Winter Friluftslife method. The program was organized in February 2020. The second TC was at our place, the topic was the Expeditionary Learning method, the program was organized in February 2022. The third TC was organized in Germany in April 2022, and the topic was the Coyote mentoring. Beside these events our colleagues presented the results on the Spielmarkt event.

Generation Europe - The Academy

The goal of the project is to empower young persons from different European countries to act actively at local level and initiate own projects related those topics which are interesting for them, to ask for support from the local stakeholders. The local work is supported by the international youth encounters where they meet with other youngsters from Germany and Estonia to learn about human rights, democracy, active citizenship, culture and develop their social and civic skills.

Events and program elements in 2022: Network Conference, Advanced Planning Visit, Youth Encounter in Germany, regular local meetings, Mini TOT with the local group.



WE WOULD LIKE TO THANK

the following people who support our work

BOARD MEMBERS

- István Kovács - chairman
- Endre Bodoni - vice chairman
- Andrea Kovács - member
- Hargitay Tamás - member
- Elek Fodor - member

INSTITUTIONS



COMPANIES

- Glass Mineral SRL
- Ortoprofil Prod Romania
- Noarh Project SRL
- Vitasal Technomed SRL
- Telog SRL
- Proelectric Filiala Laureni
- Heno Project SRL