



2019

# Annual Report



**OUTWARD BOUND  
ROMANIA™**

Aventură și învățare • Kaland és tanulás • Adventure and learning



# THE YEAR IN NUMBERS



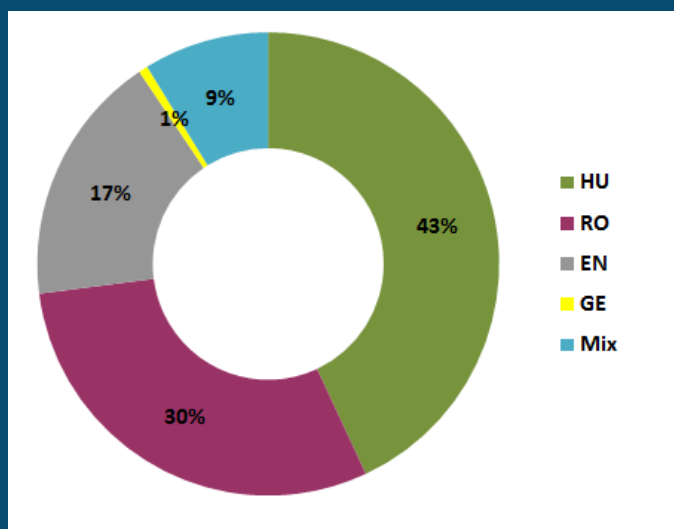
1719	Participants
68	Programs
262	Program days
6390	SPD
38	School of Experience programs
4	International School programs
9	Camps
4	Trainings
7	Projects
4	OBP



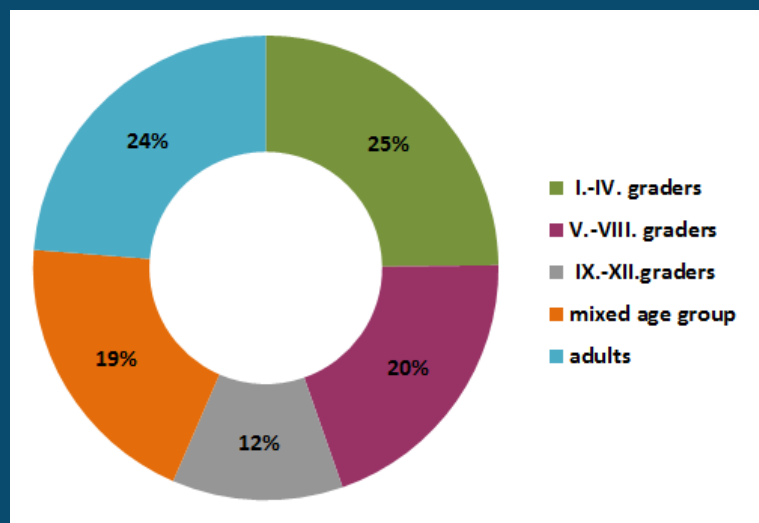




## Nationality distribution of participants



## Age distribution of participants





# SOCIAL IMPACT



**87%** learned that with collaboration they could achieve more

**87%** reported feeling able to cooperate with others and work as a team

**84%** of the participants will pay more attention to their surroundings and nature

**82%** of the participants realized that they were able to do more

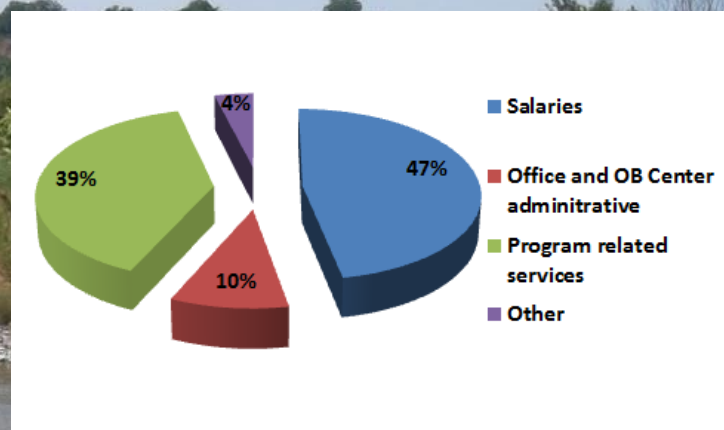
**80%** of the participants trust their teammates more than before



# FINANCIAL RESULTS

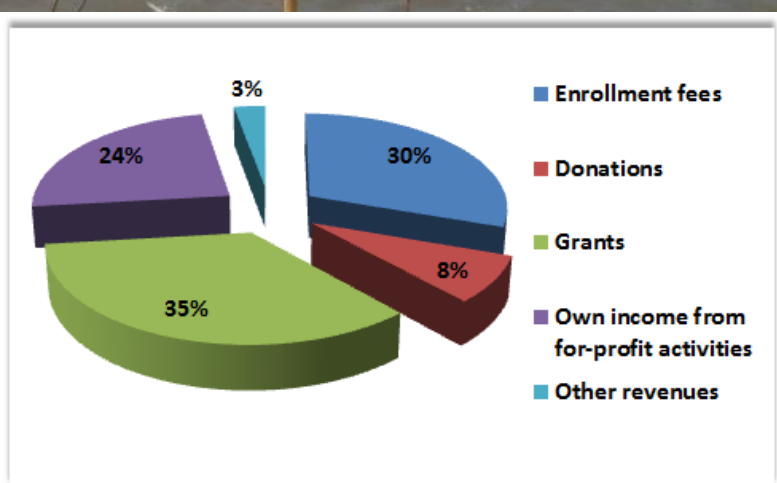
## EXPENSES IN 2019 (EUR)

Salaries	153.754
Office and OB Center administrative	31.304
Program related service	128.680
Other	12.832
<b>TOTAL</b>	<b>326.570</b>



## REVENUES IN 2019 (EUR)

Enrollment fees	100.917
Donation	26.540
Grants	116.455
Own income from for-profit activities	79.861
Other	9.594
<b>TOTAL</b>	<b>333.367</b>





# Our special projects/events

## Adventure and Learning

The project offered a life changing experience for 8 foreign young volunteers, who spent almost 12 months with us and were involved in the implementation of our programs.



## Changemakers

Through the 10 day training course and 3 months practicing period the 18 youth workers, trainers from 6 EU countries developed in using the outdoor education and other non formal methods with disadvantaged young persons.



## OB Junior Leader Award

... is a 4 day leadership program designed for high school students and offers the possibility for them to exercise and develop their leadership and communication skills through the expeditionary learning method.



## Leadership Course

Our project developed the leadership skills, the cooperation skills and the initiation skills of the 16 participants, who are members in the RIF organization from Cluj Napoca.



## Wilderness School

The 20 young people from 5 EU countries supported each other in increasing their personal capacity, like self-confidence, responsibility, cooperation, communication among the participants and in building up the ability of taking initiatives during the 10 day long outdoor program.



## Generation Europe

Is a 3 year long international program, which develops the active citizenship skills of the youngsters through local and international events.



## From us to you international

The main goal of the 2 year long project is to empower disadvantaged youngsters through the potential of volunteering and experiential education. The program empowers them to take proactive steps towards their community, thereby becoming positive contemporary role models.



## HEART

The 2 year long project combines 3 methodologies (experiential education, art and body) in a way to prevent the burn out and to develop the resilience of the participants. The trainers who attended on those TC are able to use the combined method with our target groups.



## Carpathian Adventure

Within a 30 hour time limit, teams of 4 heads took the challenge of 48 km hiking, 43 km cycling, 4,4 km rafting and 50 m abseiling in the Gurghiuului Mountain. The 10 teams contributed to our fund raising.

## Rebuilding our ropes course

In November we said good bye to our old ropes course and we already started to build the new one, which will be more modern and will contain more climbing elements.





## About the project

The Orizont social project is designed for helping young adults with disadvantaged background to find their independence and their place in society.

The project offers accommodation, individual and group counseling, by case it is supporting psychiatric, psychotherapy treatment, offers support for personal development, professional development/career orientation, support in finding a job, support in learning Romanian language, organizing free time activities, volunteering /as a way of developing self-knowledge.

## About 2019 - a year full of changes and colors:

In 2019 a new men's/boy's apartment has been created, until this time we were supporting only young girls. We have supported a total of 10 youngsters (6 young woman and 4 men) in their journey towards independence and integration into society. The boys are university students and one of them working in a flower shop. The girls have found jobs in bakery, confectionery, cleaning and some are also studying. They are learning Romanian at an online language studio.

The youngsters were volunteering in the following areas: hair-cutting, medical workshop organizing (at the Lidia home), individual meetings with elderly at the elderly house, advertising tour of a university etc.

We also continued to follow-up and to help youngsters who are not in the project anymore and who need our help -two young women have got Orizont support.

In May we have participated at the Swimathon charity event in Marosvásárhely and raised money for courses and schooling of the youngsters in the project.

In November the 17th Benefit Fest in Lippstadt has been successfully organized .

## Supporters, donations, collaborative partners

Special thanks to Orizont Hilfe zur Selbsthilfe e. V. and their supporters for their devotion and helping youngsters in Transylvania towards achieving stability, security and an independent life.

We have started to fundraise from companies and build good partner connections: big thank you for the Anfeed company.

Thanks to our collaborative partners: Lidia's Home, Sfîntu Elisabeta Foundation, Child care Agency Târgu Mureş, Dorcas Home, Caritas Organization, Rotary Club Tîrgu Mureş, Mureş Community Foundation.





# Testimonies of the participants

"During the course I have learned that it was very important to try new things and to improve the integrity, empathy, acceptance of diversity and excellence."

"The expedition provided for me the greatest learning opportunity because I developed my perseverance and patience; I got to know myself better."

"I became more empathetic, I developed in teamwork and from now on I will observe life and people differently."

"This was one of the best experiences of my life. The program showed my weaknesses and my strengths."



"I really improved in terms of self-confidence, responsibility and taking initiative."

"During the course, I learned to trust more the people around me, to rely on their help and to ask for support when I need it. Perseverance and communication were also keywords for me."

"During the course, I became braver; I learned to work in a team, also increased my problem-solving ability and I feel more resilient. I definitely want to change my attitude and think much more positively."

"I learned to be more understanding with people around me, to communicate more, to have more selfconfidence and to try as many unique activities as possible, even if these initially seemed impossible to me."

"For me the expedition was the biggest learning opportunity, because we were totally out of our comfort zone, and it was interesting to see how we cope with this stress differently."



# Outward Bound means for us...

"Outward Bound is an ideal learning environment for me where I feel trust, safety, encouragement, acceptance, happiness and joy for nature and people. It is a place where many times the impossible becomes possible, where the adventurous side of me can become alive."

Imola Samaj

Outward Bound for me is about discovering yourself and the environment, to take responsibility, to step forward, to take action, to not give up...Outward Bound is experience, consciousness and development."

Orsolya Tóth

"Outward Bound is for me a lifestyle - my profession - I truly believe in the power of Outward Bound's method - that "There is more in us than we know, if we could be made to see it; perhaps, for the rest of our lives we would be unwilling to settle for less." - Kurt Hahn"

Renáta Rácz - Pöcök



"Outward Bound means for me a fertile context for growing. " Emőke Kiss

Outward Bound means for me a supportive community, love towards nature and possibility to continuous development."

Kinga Vajda

For me, Outward Bound means the place where two things that I am passionate about are meeting: nature and education. At the same time, Outward Bound for me is a family, a community, a way of life, a mindset. It means going on an adventure almost every day and getting a chance to witness the wonderful journeys that our participants are taking in nature and inside themselves."

Dorina Ghiță

"For me, OB means an opportunity to make a difference, to support the youth in their learning and self-discovery, through guidance, care, support, safe, yet challenging environment, and love. It means a chance to see the world in a way as it is, not as it should be, based on society's rules and regulations. And a lovely opening for each individual participating in the OB-programs to experience who they are: an essential element in the colorful collective of people in various contexts, without whom life would be duller."

Szilárd Marton

"Outward Bound has become for me more than just an organization, or an outdoor educational model: it is a guideline to follow, a lifestyle. I can fully embrace the values and principles OB promotes (compassion, integrity, excellence, inclusion and diversity). It is highly motivating to share these values with so many people."

Réka Puskás

"Half of my entire life is linked to Outward Bound and as such, it shaped my whole personality, offered me challenges, the chance to work with extraordinary people in wonderful natural environments and the privilege to help people in processing their experiences in the outdoors."

Ádám Horváth Kovács



# Outward Bound means for us...

Outward Bound is...



... finding new shortcuts  
together

Outward Bound is...

Saying Yes

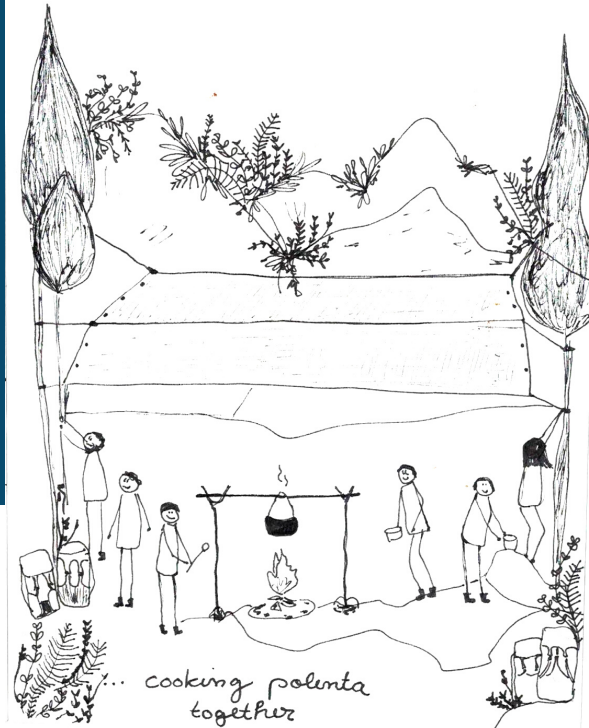


→ TO NEW →

Adventures

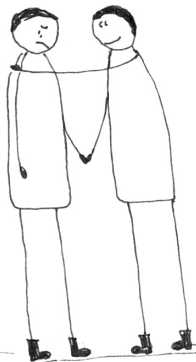


Outward Bound is...



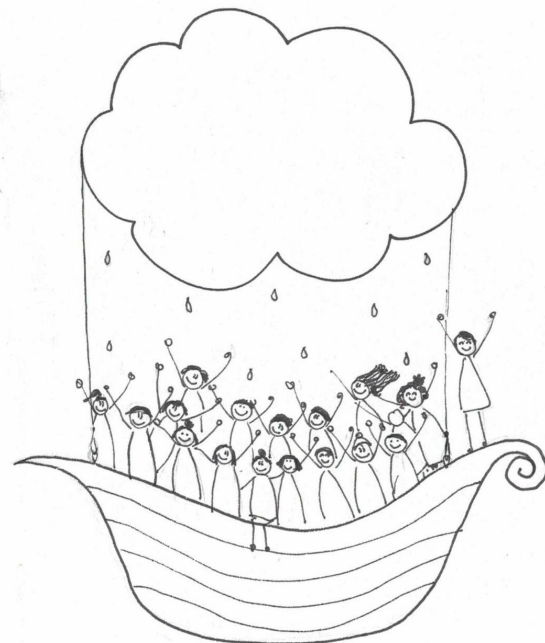
... cooking polenta  
together

Outward Bound is ...



... giving and  
receiving

Outward Bound is...



... getting wet together



# We say thank you to the following individuals, companies, institutions, who supported our work

## Board members:

István Kovács - chairman  
Endre Bodoni - vice chairman  
Andrea Kovács - member  
Szabolcs Suba - member  
Elek Fodor - member

## Companies:

Bestjobs  
Uniprest  
Kondimo  
LGT Project  
Romlink Invest-Gordius  
Korondi Árcsó  
Remedia Did  
Larix Com Impex  
All 4 Plast Recicle  
An Feed  
Orizont-Hilfe zur Selbsthilfe

## Partners

EKE- Marosvásárhely  
Cave and Mountain Rescue Service-Maros County



## Institutions:



CONSILIUL  
JUDEȚEAN  
MUREȘ



EUROPEAN  
SOLIDARITY  
CORPS



Funded by the  
Erasmus+ Programme  
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MEGVALÓSULT A MAGYAR KORMÁNY  
TÁMOGATÁSÁVAL

MINISZTERELNÖKSÉG  
NEMZETPOLITIKAI ÁLLAMTITKARSÁG



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