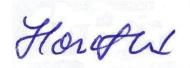
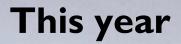


#### Letter of the Executive Director, Ádám Horváth Kovács

We are glad that in 2017 we could enrich our instructor team with several new outdoor trainers. But quantity was not against quality: we continued to deliver high quality courses and we continually developed both our hard skills and soft skills. We succeeded, thanks to our colleagues from OB Philadelphia, to bring a new flavor to our advanced training of trainers course. Our client pool grew also bigger. Several new international and private schools could benefit from courses delivered by Outward Bound Romania. Thanks to some grants we could renew our gear with new seat harnesses, backpacks and sleeping bags. Our Center became more cozy and welcoming due to an investment from our own means into the floor of corridors. We would like to express our thanks to all our staff for keeping high standards, for our clients who trusted us and to those many teachers who can see the value of outdoor education for their students.





we led

84

programs

for

2295

participants.

They spent

269,5

program days

with us.

All together we have

6919,5

participants days.

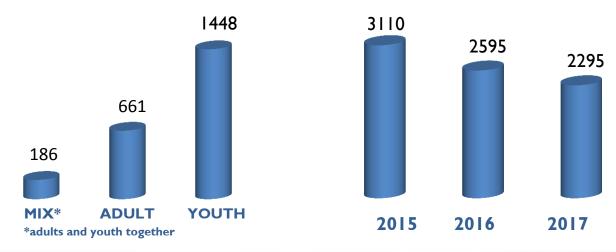


## Type of our programs

54
14
7
5
2
2

School of experience is our most popular program, when classes (from all ages), groups of people come for a 3 - 4 day course to develop their team, themselves and step into another stage of group dynamic in their real life. Trainings are professional about courses teaching experiential education methods (trainers, teachers, educators,). OBP programs are customized to the clients, who companies, NGOs, institutions. We won 2 projects. Events are one day programs like ropes courses, other programs are those courses what are different from a general OB course, like ski/English camp.

## **Participants**







#### Impacts on people

First of all the training itself was a huge opportunity for me to learn how to communicate better, when and where I should step forward with my opinion, or where I should probably keep quiet and leave space for others. Also, I learned a few good techniques, which helped me to reflect, so I got to know myself better, I got to see what triggers me, what motivates me. One time I entered my panic zone, but with the help of my trainers, and colleagues, I was able to calm myself down and step back into my learning zone and finally fulfill my task with a major AHA moment. It was a big revelation to me, that the only reason for my panic was me imagining the task in another other way, then it really was. So, the lesson for me was pretty clear - plan, but do not have expectations, because, if something goes wrong, it will not turn out as you expected, you could find yourself in a situation which you can't handle. It wasn't the task which scared me, but I panicked because my expectation and the reality didn't match and I wasn't ready to accept that.



- Jánosi Ágnes, Advanced training of trainers



They helped me understand that there is a lot of strength in me and courage and that the power to do things , to find solutions is in my hands.

I think that the most important thing I learned from the OB program is to trust myself more. To have courage and to believe in myself more. In my personal and my professional life.

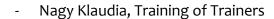
How did it change my future?

Well, two years later, I am about to change my professional life and try to become an outdoor trainer, so I can teach others what I've learned in OB.

Dorina Ghiţă, Academy of Experience

I became aware of my strengths and I learned to use my perceived weaknesses as positive tools. I juggled with my limits finding new ways to surpass them, by myself or accepting the support of my team. All this, made me aware that choosing to challenge myself can make me overcome the impossible and that sometimes, I can stop and take a different kind of road to a different kind of impossible. Acknowledging the positive development and changes in

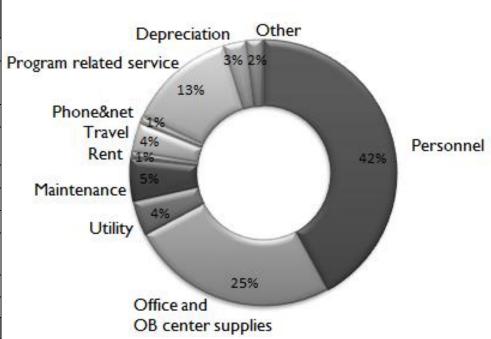
Acknowledging the positive development and changes in me during and after the training, gave me an even stronger motivation to pursue the professional passion I explored during the last year, because experiential learning works and is transferable to all fields.



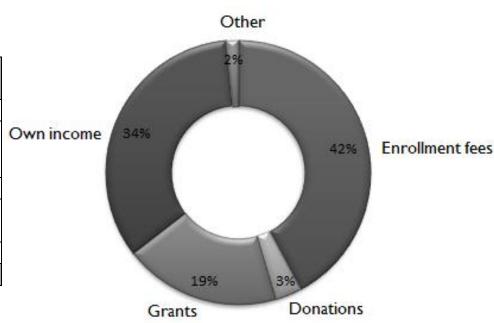


#### Financial results 2017

EXPENSES	Amount EUR
Personnel	83.970
Office and OB Center supplies	5.0548
Utility	8.352
Maintenance and reparation	10.460
Rent	1.552
Travel	6.978
Telephone, internet	1.965
Program related services	26.276
Depreciation	5.665
Other	4.038
TOTAL	199.803



REVENUES	Amount EUR
Enrollment fees	79.499
Donations (individuals and sponsorship)	6.167
Grants	35.963
Own income from forprofit activities	64.179
Other revenues	2.698
TOTAL	188.506









# The following persons, institutions supported our work:

# Thank you

István Kovács Szabolcs Suba

DJTS
Bethlen Gábor Alap
Consiliul Județean Mureș









#### **Our Board of Directors:**

István Kovács – Chairman

Endre Bodoni - Vice Chair

Tamás Hargitay - Vice Chair

Csaba Salat - Member

Szabolcs Suba - Member

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